

AMES CYCLONE AQUATICS CLUB

**May Day Lei Day
Sunday, May 18, 2008**

ISI SANCTION: #IA-08-30

HOST CLUB: Ames Cyclone Aquatics Club (ACAC)

MEET CLASIFICATION: Novelty

RULES: Current USA Swimming and Iowa Swimming, Inc. (ISI) rules will govern this meet.

DATES: Sunday, May 18, 2008

TIME:

	<u>Morning</u>	<u>Afternoon</u>
Warm-ups:	8:00 – 9:20	not before 1:30
Competition:	9:30	not before 2:30 pm
Coaches Meeting:	7:45	

If warm-ups are to be split, teams will be notified by the Tuesday before the meet which warm-up period they are in.

SITE: Ames High School Pool
1921 Ames High Dr. Ames, IA 50010
Indoor pool with six 25 yard lanes.
Water Depth: 4 1/2 ft. at shallowest start and turn.
12 1/2 ft. at deepest start and turn.
Colorado Timing System with 2 watch back-ups.

COACHES: Must possess and visibly wear a current USA Swimming Coaches Registration Card. Only USA Swimming coach member will be permitted on the deck in designated areas. All coaches must sign an ISI Coaches Meet Sign In sheet (APP-29) to verify that all certifications are current and on file with ISI office.

WARM-UPS: ISI Warm-up procedure will be followed. See ISI Code Book Section J. Swimmer(s) without a coach are to report to the Meet Referee prior to warm-up for lane assignment.

ENTRY REQUIREMENTS:

- 1) All swimmers must be current registered athletes.
- 2) Contestants must enter the age bracket corresponding to age as of May 18, 2008.
- 3) A swimmer may enter up to four individual events per day.
- 4) Seed times must be submitted for a 25-yard course.
- 5) Events will be pre-seeded, except 500, events which be deck seeded. See meet operation for check-in requirements.
- 6) There will be a Clerk of Course for 10 and Unders.

7) Phone entries or changes will not be accepted.

ENTRY LIMITS: 100 Splashes/lane/session.

ENTRY FEES:

- 1) Individual events are \$2.00 per event. ISI Splash Fee is \$3.00 per swimmer.
- 2) Write single check for entry and splash fees payable to ACAC.
- 3) Entry fees are not refundable. Splash fees will be refunded if the entire meet is cancelled.

ENTRY FORMS: Use forms: ISI APP-7 Entry form
ISI APP 8.1 Financial Sheet
Or

Submit entries on disk in Hy-Tek comlink II format (generated from Team Manager or Meet Manager). When submitting disk entries, please provide a printout of your entries for backup and the ISI Financial Sheet. Any team submitting entries on disk will receive the meet results on disk at the end of the meet. Teams submitting hand entries will be charged \$2.00 per swimmer if there are more than 5 swimmers.

ENTRY DEADLINE: Entries must be received no later than May 9, 2008. E-mail entries must be received by noon on May 12, 2008, with Hardcopy, Financial Sheet and Fees due by May 14, 2008.

LATE ENTRIES Late entries will not be accepted.

SEND ENTRIES TO: Aron Nakama
4518 Hutchison #20
Ames, IA 50014.
E-Mail –aron@swimacac.com. Express mailing entries **NO SIGNATURE REQUIRED** will be accepted all day.

MEET DIRECTOR: Paula Shriver
804 Gaskill Drive
Ames, IA 50014
paula@southmeadowapartments.com
515-460-6660

AWARDS: Medals will be awarded for 1st through 3rd places. Ribbons will be awarded for 4th through 6th place. There will be also be an award for heat winners.

MEET OPERATION:

- 1) Positive check-in is required for 500 free by 9:00 am for morning session events (#61 to #66), and 2:00 pm for afternoon session events (#109 & 110.) Events may be combined to facilitate meet operation and separated later.
- 2) It is not the meet host's responsibility to provide rest for swimmers who enter both 8 & Under and 10 & Under events.

- MEET COMMITTEE:** A meet committee comprised of the Meet Referee, Meet Director, Coach Representative, Athlete Representative and one (1) Certified Official acting at large will be established to receive and act upon any administrative protest filed at the meet. The committee will not act upon judgment decisions as those are under the jurisdiction of the Meet Referee. This committee shall act as a review section in the need of an emergency meeting.
- SCRATCHES:** ISI Scratch Rule is in effect. See ISI Code Book Section J.
- NO SMOKING:** No smoking in the swimming venue.
- USA REGISTRATION:** Late USA Swimming registration at the meet is \$56 (Annual) or \$32.00 (Iowa Seasonal: April 1 – August 28) payable to ISI + \$5 late fee payable to ACAC. Club and Coach registrations are not accepted.
- ADAPTED
COMPETITIVE
SWIMMERS:** USA Swimming and ISI encourage adapted competitive swimmers to participate in all sanctioned meets. The “Adapted Competitive Swimmer Information Form” form APP-21 must accompany entries. The form is available on the ISI website: www.isiswim.org or through the ISI office email: www.isiswim@aol.com or phone number: 1-877-ISI-SWIM. Completion of this information form is part of the entry procedure since the host club and meet referee must have all necessary information concerning the swimmer. Refer also to USA Swimming Rules and Regulations Article 105.
- OTHER
INFORMATION:** Each USA Swimming team entered will receive a copy of the program. Electronic results will be provided to all teams participating in the meet & posted on the ISI website. A hard copy of final results will be mailed for a fee of \$5.00 & may be requested on financial sheet. Concessions will be available. Swimming apparel will be available through Action Accents.

Ames Cyclone Aquatics Club (ACAC)
May Day Lei Day
25 Yards Course

Sunday, May 18, 2008
Session 1

Warm-ups: 8:00

Competition: 9:30

Girls Event #	Age-Group	Event Title	Boys Event #
1	11-12	200 Free	2
3	13-14	200 Free	4
5	Senior	200 Free	6
7	11-12	50 Breast	8
9	13-14	50 Breast	10
11	Senior	50 Breast	12
13	11-12	100 Fly	14
15	13-14	100 Fly	16
17	Senior	100 Fly	18
19	11-12	50 Back	20
21	13-14	50 Back	22
23	Senior	50 Back	24
25	11-12	200 IM	26
27	13-14	200 IM	28
29	Senior	200 IM	30
31	11-12	50 Free	32
33	13-14	50 Free	34
35	Senior	50 Free	36
37	11-12	100 Back	38
39	13-14	100 Back	40
41	Senior	100 Back	42
43	11-12	100 Back	44
45	13-14	100 Free	46
47	Senior	100 Free	48
49	11-12	50 Fly	50
51	13-14	50 Fly	52
53	Senior	50 Fly	54
55	11-12	100 Breast	56
57	13-14	100 Breast	58
59	Senior	100 Breast	60
61	11-12	500 Free	62 *
63	13-14	500 Free	64 *
65	Senior	500 Free	66 *

*Will be combined all age-groups and swum fastest to slowest, awards will be separated by age-group
 Positive check-in required for 30 minutes after start of warm-ups.

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Sunday, May 18, 2008
Session 2

Girls Event #	Age-Group	Event Title	Boys Event #
67	8&Under	100 Free	68
69	10&Under	200 Free	70
71	8&Under	25 Breast	72
73	10&Under	50 Breast	74
75	8&Under	50 Fly	76
77	10&Under	100 Fly	78
79	8&Under	25 Back	80
81	10&Under	50 Back	82
83	8&Under	100 IM	84
85	10&Under	200 IM	86
87	8&Under	25 Free	88
89	10&Under	50 Free	90
91	8&Under	50 Back	92
93	10&Under	100 Back	94
95	8&Under	50 Free	96
97	10&Under	100 Free	98
99	8&Under	25 Fly	100
101	10&Under	50 Fly	102
103	8&Under	50 Breast	104
105	10&Under	100 Breast	106
107	8&Under	200 Free	108
109	10&Under	500 Free	110

*Will be combined all age-groups and swum fastest to slowest, awards will be separated by age-group
Positive check-in required for 30 minutes after start of warm-ups